

# Research **Strategic** Plan

2020 - 2025



## MSAMHS Profile

Metro South Addiction and Mental Health Services (MSAMHS) provides inpatient, hospital based and community mental health and community alcohol and drug services to the largest culturally and linguistically diverse population in Queensland, and to regions that have some of the highest population growth. MSAMHS has the third largest indigenous population in Queensland.

Research, learning and evaluation have been fundamental to improving clinical outcomes for the community we serve as well as broadening the growth and knowledge base of our staff.

Addiction and mental health research has numerous benefits for our health care system, including:

- encouraging best clinical practice and practice improvement
- supporting an environment in which high quality teaching, training and professional development can flourish
- that it helps attract and retain the best clinicians
- better outcomes for our patients, consumers, carers and their families.

MSAMHS is committed to supporting research to ultimately improve the service experience and outcome for all our consumers and their carers and family and others affected by addiction and or mental health illness.



## Our research aims

1. Apply research methodologies to all projects
2. Foster research innovation, capacity and collaboration to address key research priorities in identification, treatment and management of mental health illness across the lifespan
3. Promote knowledge translation of research findings into strengthening consumer and carer wellbeing and outcomes through improvements in mental health practice, prevention, and treatment.
4. Increasing consumer and carer coproduced research enhancing our patient centred care
5. Translate, disseminate and implement information and learnings into practise

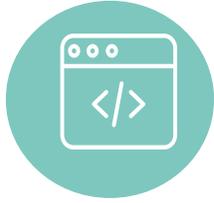
# Research Strengths



## Practice based research, clinical trials & evaluations

MSAMHS has a strong focus on ensuring that practice-based evidence is captured and that this wisdom is highlighted in the literature.

Evaluation is a key component of all research in this area. MSAMHS is well versed at developing and conducting clinical trials and service evaluations across diverse domains.



## Stakeholder Engagement / Partnerships

MSAMHS has many collaborations with external stakeholders such as Griffith University, Queensland University of Technology, University of Queensland, Central Queensland University, James Cook University, University of Melbourne, University of Sydney, University of Newcastle, Australian Catholic University, University of Calgary and Brisbane Diamantina Health Partners.

We also work on randomised controlled trials through partnerships with multiple stakeholders.



## Partnering with Lived Experience and the Peer Support Workforce

MSAMHS has the largest peer support workforce in Australasia. Staff with lived experience provide valuable input into the type and design of research that is conducted.

MSAMHS supports research that is designed, led and conducted by, and with peer workers. We also gain the perspective of consumer, carers and family through the Social Inclusion and Recovery Committee.



## Research mentors

Research is constantly evolving, and MSAMHS mentors adapt and improve practices to ensure contemporary and robust support for our researchers. MSAMHS research experts provide advice and support regarding processes, protocol development, methodology, Ethics Review Management assistance, budget development and risk assessment.

Research supports including templates, resources and education and training are routinely provided for our researchers.



## Translation of research

MSAMHS support and promote the translation of research into clinical outcomes for consumers, carers and families. Knowledge translation occurs through education, symposiums, the Research and Learning Annual report highlighting achievements and progress in research and implementation of research into practice.

Researchers and their projects are showcased through eBulletins, Newsletters, MSAMHS Research Symposium, PAH Health Symposium



## Data linkage projects & systematic reviews

MSAMHS has strong data linkage expertise. Through this methodology, we are able to link data from various data sources and create rich data sets which enable us to develop valuable macro level information to inform policy and research.

MSAMHS also undertakes systematic reviews & meta-analyses of published research findings

MSAMHS partners with several national and international agencies on both data linkage and systematic reviews

# Research Priorities



Through extensive consultation, the service has identified four priority goals:

- 1 Cultivate culture of research as part of our core business
- 2 Develop effective and sustainable research partnerships
- 3 Develop effective and robust research support systems
- 4 Optimise outcomes through focused research projects

## 1. To create a culture of research as part of our core business

Strategic objective	Outcomes	We know we are successful when
<ul style="list-style-type: none"> <li>• Research activities are embedded as part of our everyday practice for all staff</li> <li>• Research readiness of the workforce through use of Evidence Based Practice and Practice Based Evidence</li> <li>• Routine participation in research activities by workforce</li> <li>• Research is translated into practice</li> </ul>	<ul style="list-style-type: none"> <li>• Foster journal clubs in our service through the provision of education workshops, critical appraisal frameworks and distribution of exemplars</li> <li>• Promote commonly used assessment scales to support research projects and support access to education on how to use these scales</li> <li>• Create relationships, synergies &amp; streamline processes to enable workforce to easily progress from relevant quality improvement initiatives to research projects</li> <li>• Promote the research significance and benefits of entering consumer data into data repositories appropriately</li> <li>• Promote the research significance and benefits of participation in surveys and data collection activities</li> <li>• Create avenues to feedback research outcomes and administration health information in clinically useful ways</li> <li>• Provide frameworks and education to enable staff to undertake service and/or program evaluations</li> </ul>	<ul style="list-style-type: none"> <li>• A critical appraisal framework is developed and accessible to our workforce on Research and Learning Network SharePoint site by September 2020</li> <li>• Three education workshops on journal clubs are delivered, commencing November 2020</li> <li>• Information on how to access and use commonly used assessment scales; significance of survey completion and clean data is distributed to our workforce via newsletters and twice-yearly participation at site governance meetings commencing from July 2020</li> <li>• Outcomes of completed research projects are promoted through: Two roadshows annually commencing in 2020; as well as posted on the Research and Learning Network SharePoint site – by January 2021</li> </ul>

## 2. To develop effective and sustainable research partnerships

Strategic objective	Outcomes	We know we are successful when
<ul style="list-style-type: none"> <li>Partnerships that facilitate consumer driven, consumer involved and or reviewed research projects are developed and enabled</li> <li>Partnerships with internal stakeholders that optimise practice-based research impact, quality and sustainability are fostered and enhanced</li> <li>Partnerships with external agencies that enable staff capability development and /or enhanced research projects are sought out and cultivated</li> </ul>	<ul style="list-style-type: none"> <li>Prioritise and support Research projects that involve the lived experience workforce; family, carers and/or consumers and projects that have been informed by feedback</li> <li>Enhanced partnership with Safety, Quality and Improvement Support Unit to facilitate progression of quality improvement and evaluation projects to research projects</li> <li>Target alignment with MSH stakeholders to streamline and enhance our research and governance processes through regular meetings and process reviews</li> <li>Develop a consumer reference group to inform research projects</li> <li>Develop marketing collateral and data that supports and enables collaborations with universities, government departments, NGOs, other hospital and health services and research centres</li> </ul>	<ul style="list-style-type: none"> <li>Monthly meetings with Safety, Quality and Improvement Support Unit unit focusing on project identification and prioritisation based on key consumer/carer factors &amp; skills and knowledge sharing on evaluation processes, April 2020</li> <li>Evaluation templates developed and made accessible on Research and Learning Network SharePoint site by September 2020</li> <li>Quarterly meetings with MSH Ethics &amp; Governance units to identify barriers and enabling factors. January 2021</li> <li>Consumer Reference Group for Research projects established and operational by March 2021</li> <li>Marketing collateral and data developed by November 2020 and updated annually.</li> </ul>

### 3. To develop effective and robust research support systems

Strategic objective	Outcomes	We know we are successful when
<ul style="list-style-type: none"> <li>• Develop support and mentoring processes within MSAMHS</li> <li>• Identify support and mentoring structures external to MSAMHS</li> </ul>	<ul style="list-style-type: none"> <li>• Research and Learning Network will continue to provide support to MSAMSH staff through:               <ul style="list-style-type: none"> <li>• Dedicated research positions:</li> <li>• Research Project Coordinator</li> <li>• Senior Research Fellow</li> <li>• Process, systems and tools</li> <li>• Ethics and governance processes</li> <li>• Tools and templates</li> <li>• Research capability development program</li> <li>• Research mentoring program</li> </ul> </li> <li>• RLN will work with the Safety Quality and Improvement Support Unit to provide support for relevant quality improvement projects</li> <li>• RLN will facilitate Research Advisory Committee provision of advice and mentoring support for research projects</li> <li>• RLN will identify and forge closer relationships with MSH units and external stakeholders for the provision of support and mentoring structures</li> </ul>	<ul style="list-style-type: none"> <li>• An annual MSAMHS Research Capability Development program inclusive of workshops, templates and tools will be developed and implemented by September 2020. The Capability Development program will include:               <ul style="list-style-type: none"> <li>• Developing a logic framework for evaluations</li> <li>• Statistical analyses processes</li> <li>• Writing for publication</li> </ul> </li> <li>• A support program for relevant quality improvement projects will be implemented by May 2021</li> <li>• The Research Advisory Committee will meet quarterly. Research proposals will be reviewed and advice provided within 5 working days, February 2020</li> <li>• An inventory of available education and supports from external stakeholders will be developed by April 2022 and updated annually. The inventory will be published on the Research SharePoint page</li> </ul>

## 4. Optimise outcomes through focused research projects

Strategic objective	Outcomes	We know we are successful when
<ul style="list-style-type: none"><li>• Strategic alignment of MSAMHS research projects to key drivers</li></ul>	<ul style="list-style-type: none"><li>• Research projects that are directly aligned to strategic plans, focus on consumer, family/carer involvement and that respond to consumer feedback will be prioritised for support</li><li>• The workforce will be supported to understand the relationship between quality improvement, research and consumer outcomes through symposiums, research road shows, governance meetings, newsletters and updates.</li><li>• Research and Learning Network will work closely with the Social Inclusion unit to ensure a robust and ongoing understanding of evolving consumer needs</li></ul>	<ul style="list-style-type: none"><li>• Research and Learning Network in conjunction with Safety Quality and Improvement Support Unit will develop a map of national, state and local strategic priority areas by May 2022 and make this accessible to our workforce via SharePoint and newsletters</li><li>• Research and Learning Network in conjunction with Safety Quality and Improvement Support Unit will develop a process that better aligns quality improvement and research projects with consumer outcomes. Education and information resources will be developed and distributed through governance committees. This will be achieved by June 2022</li><li>• Research and Learning Network will continue to host an annual research symposium dedicated to showcasing MSAMHS research and providing access to relevant national and state research initiatives, November annually</li><li>• Consumer involvement will be reviewed through the Research Advisory Committee from June 2020</li></ul>

# MSAMHS Research Operational Plan 2020 – 2025

