New telehealth clinic
a positive move for patients

Featured: Vicki Parravicini and Andrea Jeffreys.
Doctors' Day 2019

One thing is for sure - we love our doctors at Redland Hospital and Gundu Pa.

They are lifesavers, teachers, experts, mentors, administrators and carers, and this week we are celebrating all they do to provide the highest quality care to our patients and their families every single day.

Doctors’ Day 2019. Thank you to all our amazing doctors for your unwavering commitment, dedication and service to our local communities.

The observance of Doctors’ Day dates back to 1933 in the USA when the wife of Dr Charles Almond, Eudora Almond, conceived the idea to set aside a day to honour the profession. She said the recognition occurred on the anniversary of the first administration of anaesthesia by Dr Crawford Long in Jefferson, Georgia in 1842 when ether was used to anaesthetise a patient to surgically remove a tumour.
Telehealth clinic has early success with musculoskeletal patients

The Redland Hospital Physiotherapy Musculoskeletal Management Clinic (PMMC) has begun a new telehealth clinic and it’s already proving a winner with patients.

Physiotherapist and PMMC Clinical Leader Vicki Parravicini said the clinic was established with the help of Health Improvement Unit Telehealth Seed Funding project and currently ran every Tuesday.

“We had our first patients on January 29 and at the moment the clinic will be operating until the end of June.”

Vicki, with Telehealth Project Officer Andrea Jeffreys, said the clinic provided an alternative pathway to patients that would in turn help reduce the orthopaedic wait list.

“Orthopaedics screen all the referrals and decide whether a patient is suitable to trial conservative management first.”

Vicki said the clinic was conducting new patient assessments via telehealth, reviews and physio treatments.

“So far we have been doing a lot of knees around knee osteoarthritis which has a lot of exercise based treatment.

“We hope to add in other conditions though including nutrition and dietetics and psychology.”

Vicki said there had already been a lot of interest from patients in the clinic who were seeing the benefits of not having to make a trip to the hospital.

“One patient dialled in for his appointment on his lunch break at work and didn’t need to miss hours of work to drive to the hospital for his treatment.”

She said the clinic empowered patients to be part of their own assessments and self manage their treatment.

“It’s been very positive.”
Preventing and Controlling Healthcare-Associated Infections

Why is preventing and controlling healthcare-associated infections important?
Healthcare-associated infections are the most common complication affecting patients in hospital. Healthcare-associated infections complicate patient recovery and increase healthcare costs by increasing the length of hospital stays, and the treatment and care required.

Many healthcare-associated infections are preventable. Infection prevention and control practices, such as hand hygiene, the use of personal protective equipment, equipment disinfection, environmental cleaning and vaccination are recognised as an essential part of an effective response to infection control and antimicrobial resistance.

The preventing and controlling healthcare-associated infection standard ensures:
- There are systems to support and promote the prevention and control of healthcare associated infections.
- There are systems for the safe and appropriate prescribing and use of antimicrobials as part of an antimicrobial stewardship program.
- Patients who have an infection or are at risk of infection with an organism of local, national or global significance are identified promptly, and receive appropriate management and treatment.
- The health service organisation is clean.
- Reprocessing of re-usable medical devices, equipment and instruments is consistent with relevant current national standards and manufacturer instructions.

More information can be found here >>>
Metro South Health and Brisbane South PHN are collaborating again this year to deliver the Living Healthier Lives Community Grants. Applications are now open until the end of April. If you work with community organisations in the local area, please let them know that grants are available again this year.

Information on eligibility and how to apply can be found on the website: https://metrosouth.health.qld.gov.au/community-grants

Are you ready for myHr?

Rollout 2A of myHR, our new online system for lodging and processing HR-related forms, is scheduled for go-live across Bayside Health Service on Monday 25 March 2019.

Please ensure you are equipped with the knowledge to use the system by completing your eLearning via the Integrated Workforce Management (IWFM) Customer Portal.

Further support resources will be communicated to you via staff broadcasts closer to go-live or visit the IWFM myHR Project online for more information.

Note: Addiction and Mental Health Services staff will be part of a separate rollout—2B from 8 April 2019.