

# You have just been prescribed Co-Careldopa (other names include: Sinemet, Sinemet CR, Kinson, Duodopa )...

Co-Careldopa contains 2 ingredients, Levodopa and Carbidopa. Levodopa is turned into dopamine in the body and transported through the blood to the brain, however dopamine alone does not easily pass through the blood-brain barrier. Levodopa is given with Carbidopa so that it can cross the blood-brain barrier more effectively.

## How long until it works?

Hours, but it may take 4 to 8 weeks to receive the most benefit from a particular dose level when starting.

## What are some of the side effects I can expect?

Dyskinesia, nausea or loss of appetite, postural hypotension, a drop in blood pressure upon standing, insomnia, tired and dream abnormalities are some of the more commonly reported bad reactions.

**Co-Beneldopa can cause serious or life-threatening side effects** such as not being able to say no to performing an action that could be harmful that is gambling.

## Please note that not all side effects are listed.

Read your product information leaflet when you receive your new medication.

## What should I do if I experience any side effects?

As your body adjusts to your new medication, you may find that minor side effects go away themselves. However, **if symptoms remain or are severe and life-threatening please contact your specialist or general practitioner.**

## Contact us:

**Movement Disorders Hotline:**

**Phone:** (07) 3176 4246



Partnering with Consumers - 2.9 Where information for patients carers, families and consumers about health and health services is developed internally, the organisation involves consumers in its development and review. *Standard 2, 2nd edition*

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