Masks and face coverings

**Don’t**
- leave your nose uncovered
- leave your chin uncovered
- store your mask under your chin
- leave excess room around your nose, chin and cheeks

**Do**
- extend the bottom of the mask under your chin
- make sure the top of the mask sits secure on the bridge of your nose
- ensure there are no gaps along your cheeks

- performing hand hygiene before and after touching or adjusting your mask
- remove mask by touching ONLY the straps, throw away, perform hand hygiene