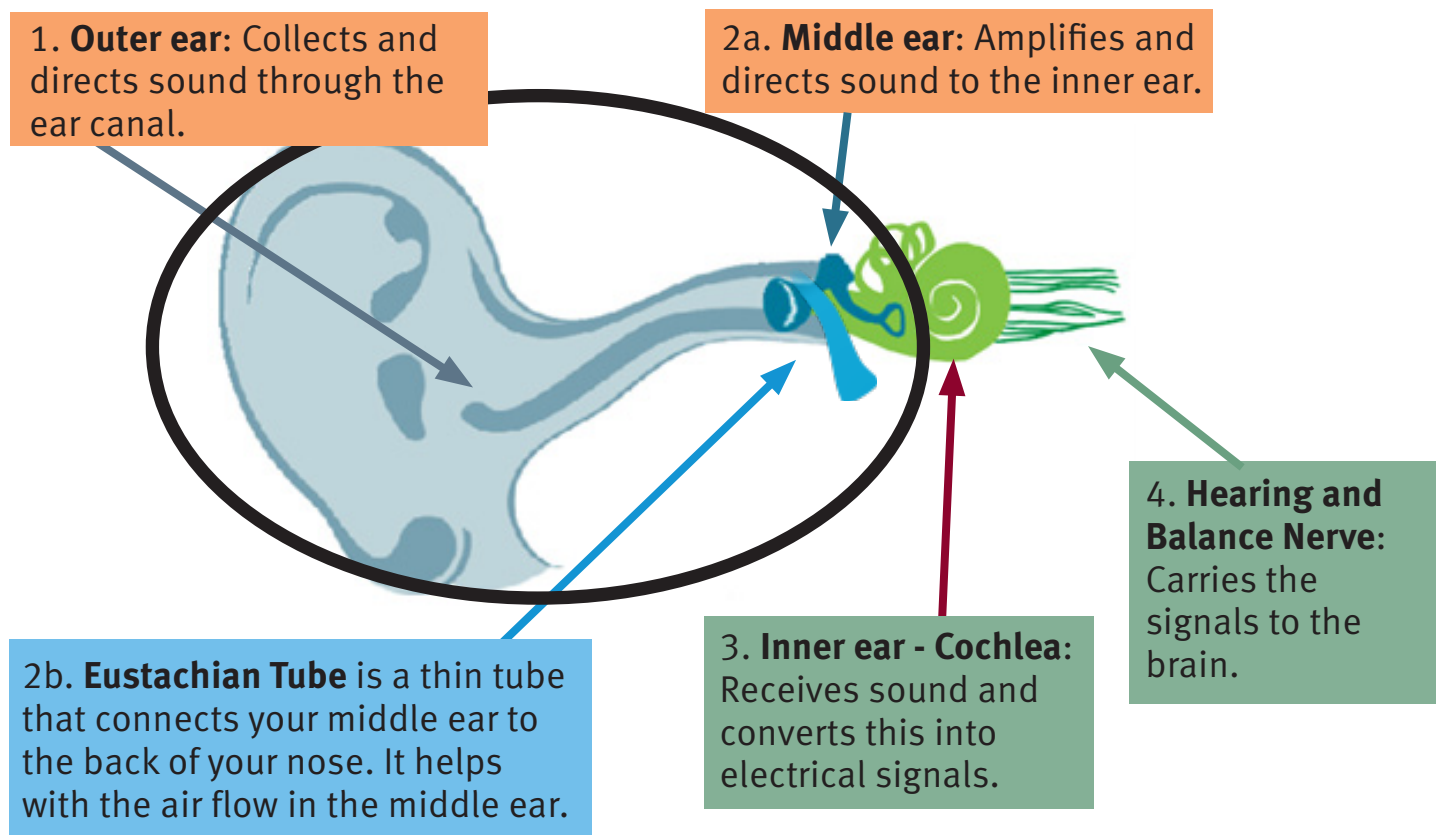




Conductive Hearing Loss

How does the ear work?



What is Conductive Hearing Loss?

A conductive **hearing loss** is when there is a problem in the **outer ear** and/or **middle ear**. Many things can cause conductive hearing loss. Here are some examples of problems:

 <p style="text-align: center;">Outer ear</p>	 <p style="text-align: center;">Middle ear including the Eustachian Tube</p>
<ul style="list-style-type: none"> • Ear Canal <ul style="list-style-type: none"> - Earwax build-up - An object getting stuck. For example beads, erasers • Some ear infections. This may cause swelling of the ear canal. 	<ul style="list-style-type: none"> • A hole in the eardrum, known as perforation • Eustachian Tube not working properly or struggling to “pop” your ears • Fluid build-up in middle ear cavity • Serious head injuries can make the ear bleed and damage the structures of the middle ear.

How can I manage my conductive hearing loss?



Your **family doctor** can help answer your questions or concerns or offer treatment options depending on your problem.



Your **audiologist** can test your hearing to help your doctor understand and fix your hearing concerns or problems.



If the problem is serious or is ongoing, you may be referred to an **Ear, Nose and Throat (ENT) Specialist**.

How do I take care of my ears?



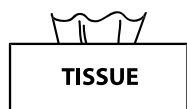
- **Get your ears checked regularly:**
Some people, particularly children, do not always show signs or have symptoms when they have a problem with their ears. Your family doctor, nurse, or healthcare worker may spot it.



- **Help prevent the spread of germs:**
Washing your hands and face can help prevent the spread of germs that cause illnesses.
Wash your hands after using the washroom, sneezing, or coughing. Wash your hands before and after handling food. Clean toys after each child plays with it.



- **Don't put things in your ears:**
Don't stick things in your ears.



- **Nose blowing:**
Blow your nose often and put the tissues in the bin.

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