## Alternative Services – Cardiac Services

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<tr>
<th>Agency</th>
<th>Details</th>
<th>Contact</th>
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<td>Alternate Cardiac Service Programmes QLD</td>
<td>The Australian Cardiovascular Health and Rehabilitation Association Inc. (ACRA) provides a directory of all Cardiac Services across QLD. Click on the link to: QLD Cardiac Rehab Heart Failure Service Directory July 2017.</td>
<td>Visit the ACRA website: <a href="http://www.acra.net.au/cr-services/cr-directory/">http://www.acra.net.au/cr-services/cr-directory/</a></td>
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| Mater@Home                          | Mater at Home provides home-based allied health and nursing services to adults and children in and around Brisbane (live within a 35 to 40 kilometre radius from Mater Health Services)  
Referral required                                                                                                                                                                                                                                   | Telephone 07 3163 1760  
| Heart Failure Service               | The Heart Failure Service is a nurse-led service that provides education, support, and medication titration to those with a diagnosis of heart failure. The service provides a multi-disciplinary approach and is benchmarked with the state-wide heart failure network. Care is provided via home visit, clinic appointment and phone consultation.  
Individuals with symptomatic heart failure (systolic, diastolic and right heart failure) with supporting diagnostics (echocardiogram).  
New York Heart Association classes I-IV.  
Referrals are accepted from other heart failure services in the state, general practitioners, Cardiologists and General Physicians. A copy of a recent echocardiogram (within the last twelve months) and a medication list are required.  
- Princess Alexandra Hospital  
- Redland Hospital (Redland Health Service & Wynnum Health Service)  
- QEII Hospital  
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<td>National Heart Foundation Health Information Service (HIS)</td>
<td><a href="http://www.heartfoundation.org.au">www.heartfoundation.org.au</a> 1300 36 27 87</td>
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| Qld Government funded program delivered by The Healthier Queensland Alliance | My Health for Life program- designed to help people who are at high risk of chronic disease get their health back on track:  
  • Aged 45 years and over and have been identified by a health professional as being high risk of type 2 diabetes, heart disease and stroke  
  • An Aboriginal or Torres Strait Islander person aged 18 years and over  
  • Living with a pre-existing condition that puts you at high risk of developing chronic disease  
Find out if you are eligible:  
  • Visit myhealthforlife.com.au and do a free health check  
  • Call 13 RISK (13 7475) line to talk to a customer service team member  
  • Check with your GP or pharmacist |