



CALD Suicide Prevention Project 2019-2021

QLD Transcultural Mental Health Centre

About the Project

A State-wide, two-year project supported by the Qld Mental Health Commission (QMHC) and led by the Qld Transcultural Mental Health Centre (QTMHC), Metro South Addiction and Mental Health Services.

Project Outcomes

- A self-directed, online culturally and linguistically diverse (CALD) Suicide Prevention Training Package developed to increase capacity of staff to identify and support individuals from CALD background at risk of suicide
- A suicide prevention online hub developed, which can be accessed through QTMHC website and will include CALD appropriate resources (some multilingual).
- Online training package evaluated
- CALD media outlets across Qld upskilled on how to best portray mental illness and suicide

Strategies

- Establish a Steering Committee, which includes representatives from QMHC, relevant CALD organizations, organizations with suicide prevention and evaluation expertise and CALD individuals with lived experience. Steering Committee will provide input and advice and endorse all deliverables through this project.
- Engage an independent evaluator to evaluate the training package and the developmental process.
- Consult with multicultural interagency networks, cultural consultants and CALD people with lived experience.
- Pilot the online training and evaluate short- and medium-term outcomes.
- Upskill CALD media outlets utilising the Midframe Media Guidelines

Target Users

- Staff in human services sector working with individuals from CALD backgrounds across QLD
- CALD media outlets across QLD

Priority sub-groups in the package

- Older migrants
- Maori and Pacific Islander population
- Women, particularly those who are impacted by domestic violence
- People from refugee backgrounds and asylum seekers
- Young people

Our stakeholders

This project will work in partnership with:

- A Steering Committee
- Consultation groups of individuals and organizations with specific knowledge of priority sub-groups and content experts.
- Members of multicultural interagency networks who provide direct support to CALD people.
- The Qld Centre for Mental Health Research as the independent project evaluator.

Who to Contact

- Project Officer: Hanan Al-Alawneh Hanan.Al-Alawneh@health.qld.gov.au, 07 3317 1234
- Statewide Community Partnerships & Integration Leader: Viktoria Vibhakar Viktoria.Vibhakar@health.qld.gov.au
- Manager: Elizabeth Truong Elizabeth.Truong@health.qld.gov.au