

# Antenatal health:

## Mums in Metro South in 2017

### Antenatal visits

Over 95% of mums in Qld made 5 or more antenatal visits with most (81%) having 8 or more visits

The rate of 8+ visits has increased from 74% in 2009 to 81% in 2017

In 2017 antenatal services were provided by various combinations of GPs and other public and private practitioners

- 39% Public Hospital only
- 33% Public Hospital + GP
- 25% Private non-GP only

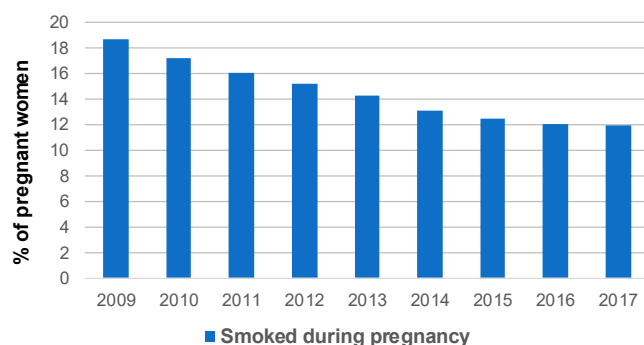
GPs were involved in over 35% of all antenatal care in Qld

**GPs play a vital role in antenatal care provision**

### Smoking in pregnancy

11.9% of Qld mums smoked during pregnancy in 2017

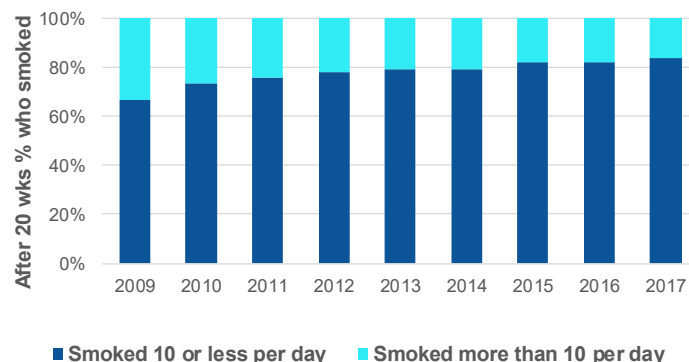
Has declined consistently over the last 10 years from 18.7% in 2009



Around 18% of women gave up smoking by 20 weeks into their pregnancy

This percentage has been stable over recent years

Of the women who continued smoking after 20 weeks, the percentage who smoked more than 10 per day has halved from 33% in 2009 to 16% in 2017



### Gestational diabetes

Mothers with gestational diabetes have higher rates of caesarean section, induced labour, hypertension and pre-eclampsia

In the longer term it also increases the risk of developing chronic diseases such as type 2 diabetes for both mother and baby

Rates of gestational diabetes in Metro South have increased steadily from 5.5% in 2009 to 13% in 2017

Maternal age, ethnicity and obesity are risk factors for developing gestational diabetes

- Median maternal age in Metro South is 30 years and trending upwards
- Metro South is home to people from many ethnic groups that have a high-risk of gestational diabetes
- In 2017 21% of pregnant women were obese and 23% overweight in Metro South

**While smoking rates have declined, challenges with gestational diabetes are on the rise**

For further information see: <https://metrosouth.health.qld.gov.au/sites/default/files/content/health-indicators-2018-metro-south-health.pdf>

V1.0 Effective: May 2019 Review: May 2020