<table>
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<th>Time</th>
<th>Presentation</th>
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<tr>
<td>8.00am</td>
<td>Registration</td>
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| 8.30am–8.45am | **Welcome to Country**  
Uncle Wally Renouf  
**Official Welcome**  
Janine Walker AM, Chair, Metro South Hospital and Health Board |
| 8:45am–10.30am | **Opening Address**  
Sasha Jovanovic, Master of Ceremonies  
**Person-Centred Care at Metro South Health**  
Dr Peter Bristow, Chief Executive, Metro South Health  
**Care for the Caregiver**  
Dr Susan Frampton, President, Planetree International |
| 10.30am     | Morning tea                                                                  |
| 10.45am–1.30pm | **Staff Story**  
Jack Varghese, Registered Nurse, Metro South Health  
**Shifting Mindset**  
Anthony Laye, Behaviour and Shifting Mindset Expert  
**The Art of Medicine: What I Learned by Being a Patient**  
Dr Dinesh Palipana, Medical Officer, Lecturer, Researcher and Disability Advocate  
**Consumer Story**  
David Clune, Consumer Advisor, Metro South Health |
| 1.30pm      | Lunch                                                                        |
| 2.00pm–3.10pm | **Staff Story**  
Tamara Starr, Registered Nurse, Metro South Health  
**Metro South Health Showcase – Panel Discussion**  
Dr Susan O'Dwyer, Executive Director Medical Services, Metro South Health  
**The Science and Practice of Mindfulness**  
Jon Unai, Mindset and Performance Coach, Mindfulness Trainer and Psychotherapist |
| 3.10pm      | **Afternoon tea**                                                            |
| 3.30pm–4.30pm | **An Engaged Culture is Everything**  
Sasha Jovanovic, Thought Leader on Transformation and Change  
**Closing remarks**  
Janine Walker AM, Chair, Metro South Hospital and Health Board  
**Evaluation** |
| 5.00pm      | Close                                                                        |