

## Ward 2M – Gastroenterology & General Medicine

### Logan Hospital

#### 2025 Graduate Nursing Program Programs

#### Logan Hospital - 2M Overview

2M is dedicated to providing exceptional care for patients with a wide array of medical and digestive health conditions. Our unit specializes in the diagnosis, treatment, and management of disorders affecting the gastrointestinal (GI) tract. Our team of gastroenterologists and general medicine physicians work collaboratively to offer comprehensive care for both chronic illnesses and acute medical issues.

Key services provided include the management of upper and lower gastrointestinal bleeds, multidisciplinary care for eating disorders, and delirium treatment. We emphasise a patient-centered approach, ensuring that each patient receives personalised care tailored to their unique needs.

#### Benefits of a Graduate Program on 2M

- ❖ Diverse exposure to a wide range of medical conditions.
- ❖ Collaboration with a team of allied health experts – broadening understanding of patient care and improving teamwork skills.
- ❖ In-depth training in the diagnosis, treatment, and management of gastrointestinal disorders.
- ❖ Regular workshops, seminars, and training sessions.
- ❖ Engage in research initiative and quality improvement projects aimed at enhancing patient care and outcomes.
- ❖ An extremely supportive atmosphere that promotes both professional growth, and personal well-being.

#### Skills

- ❖ Endoscopic Procedure Assistance
- ❖ Nasogastric Tube Management
- ❖ Parenteral Nutrition
- ❖ Intravenous (IV) Therapies (IVABs, IVIGs, Iron, Blood etc).
- ❖ Wound care
- ❖ Ostomy care
- ❖ High Flow
- ❖ Cognitive impaired patient management and so much more.

## 2025 Graduate Programs

### Nursing programs

- 4 Paid Study Days: Opportunities to network and collaborate with fellow graduates.
- Quality Improvement Project: Engagement in a project to enhance patient care and clinical practices.
- Clinical Facilitator and Nurse Educator Support: Ongoing guidance and mentorship from experienced nurses.
- 6-Month Ward Rotation: Exposure to different nursing specialties to broaden clinical experience.
- Orientation Program: Comprehensive onboarding to familiarise with unit policies, procedures, documentation, and team dynamics.
- Cannulation Training: Skill development in venous access techniques for patient cares.

### 2024 Graduate Testimonial

*As a graduate registered nurse on 2M, I have experienced an incredible journey of professional and personal growth. From the very first day, I felt instantly welcomed and included as part of the team. The support from my colleagues and the approachable management made all the difference. They were always available to answer questions, provide guidance, and offer constructive feedback, creating a nurturing environment that facilitated my learning and development.*

*The focus on holistic wellbeing within our team is exceptional. Not only do we prioritize the health and comfort of our patients, but the wellbeing of the staff is also a significant emphasis. Regular team-building activities, wellness programs and supportive atmosphere has made a noticeable impact on my job satisfaction and work-life balance. – Jade O'Donnell*

### 2024 Graduate Testimonial

*I started my nursing career with 2M as a graduate nurse. The team here is fantastic and helpful. Whenever you are in doubt, there is always someone to guide you. I am grateful to start my career on 2M. – Palak Kadia*

## Ward 2M – Delirium and Dementia

2025 Graduate Nursing Program

### 2024 Graduate Testimonial

*After eight fulfilling years at Logan Hospital as an AIN in birth suites, I was warmly welcomed into the RN role on 2M. This journey has been transformative, allowing me to master a wide range of clinical skills and confidently handle a 4-patient load on my own. The flexible roster has been a blessing, enabling me to prioritize my children while maintaining a fulfilling career in nursing. – Renee Coles*

### Delirium management, and Dementia.

Delirium is a complex and acute neuropsychiatric syndrome characterised by disturbances in attention, cognition, and awareness. It is prevalent among hospitalised patients, especially the elderly and those with underlying medical conditions. The hallmarks feature's of delirium include rapid onset and fluctuating course, often exacerbated during evening hours (Sundowning). Patients may exhibit disorientation, perceptual disturbances, and changes in behaviour ranging from hypoactive (withdrawn and lethargic) to hyperactive (agitated and combative).

2M Nurses play a crucial role in early recognition and management, using validated screening tools like the 4AT to assess cognitive function and detect delirium promptly. Management strategies focus on identifying and addressing underlying causes, such as infections, medication side effects, or metabolic disturbances.

2M Nurses use non-pharmacological interventions, including environmental modifications, orientation techniques, and reassurance, which are all integral to maintaining a safe and low-stimulated environment conducive to recovery.

Collaboration with interdisciplinary teams ensures comprehensive care plans are tailored to each patient, emphasizing prevention, early intervention, and supportive care to mitigate the impact of delirium on patient outcomes.

***If you are passionate about providing compassionate care to patients experiencing cognitive challenges like delirium, join 2M nurses in making a meaningful difference in their lives.***

