

## Graduate Nurse Program

### Metro South Addiction and Mental Health Services overview



Metro South Addiction and Mental Health Services provides addiction and mental health care to one of the largest and most diverse populations in Queensland.

We offer community, inpatient and acute care services in hospitals, community facilities, and in the home. Services are provided across a range of specialist programs for all age groups across the lifespan, including child and youth, adult, and older persons.

We are dedicated to serving our community and work to continually improve the way we deliver care to enhance the consumers' experiences with us. With a focus on safety, co-design, evidence-based practice and partnering for contemporary solutions, our model of care is ever-evolving to ensure we deliver high-quality, safe, and accessible care to the growing community.

As a Pathway to Excellence® designated health care organisation we are committed to a culture of sustained excellence in nursing care and a positive practice environment.

Our Nursing Professional Practice Model describes our professional values, the environment in which we practice, our professional relationships, and focus on person-centred care and recovery orientated practice.

and identifies what makes Addiction and Mental Health Nursing different from other areas of nursing.

### Our values are:

- Kindness
- Respect
- Courage
- Compassion
- Honesty
- Integrity

### Unit overview

The Acute Mental Health Inpatient Services provide care to people who are experiencing an acute episode of their mental illness. If a person is admitted to an acute inpatient unit, it is often because their mental illness is not manageable in a less restrictive setting, such a community-based support.

Our acute mental health inpatient units include gender specific wards, and adolescent, adult and older persons units. Services are located at Princess Alexandra, Logan, and Redland Hospitals.

## Program overview

The Transition to Practice Mental Health Program provides nurses the opportunity to develop postgraduate knowledge and skills to provide person centred mental health nursing within a recovery-orientated and trauma informed framework.

The program includes a blended curriculum of clinical and self-directed learning, clinical workshops, and reflective practice over twelve months.

Support for practical learning is provided by our Nurse Educators, Clinical Facilitators, Preceptors and clinicians.

## Addiction and Mental Health Services Nursing initiatives



- Pathway to Excellence®
- Reflective Practice Groups
- Clinical Supervision
- Safety Response CNCs and Ambassador Program
- Hospital in the Home
- University Partnerships
- Nursing Research activities

## Program benefits

- Mental health nursing is a rewarding career where you can make a positive difference to the mental, social and physical health of people.
- A supportive clinical learning environment to begin your mental health nursing career and develop skills and confidence in clinical practice.
- A welcoming multidisciplinary team environment which supports your professional development and wellbeing.
- Articulation to postgraduate study with our University partners and leading to the Mental Health Nursing Credential.
- Multiple career pathways with opportunities to progress and achieve your career goals in a diverse role and settings.

## Graduate placement opportunities

Graduate placements are available across our acute inpatient services at Princess Alexandra Hospital, Logan and Redland Hospitals.

## More information

Visit [metrosouth.health.qld.gov.au](https://metrosouth.health.qld.gov.au) and search “graduate programs”.

Connect with Mental Health and Addictions Nursing from Clinical Excellence Queensland.  
[clinicaexcellence.qld.gov.au](https://clinicaexcellence.qld.gov.au)