Beef Ravioli

Recipe Information

Serves: 4-6 Time to make: 20 minutes

Method

- 1. Place canned tomatoes, garlic, onion, peas and spinach in a large pot and bring to the boil.
- 2. Add beef ravioli to pot, reduce heat to low, cover and cook for 10-15 minutes, stirring regularly. Add extra water if needed.
- 3. Serve with ricotta cheese.



Ingredients

600g packet beef ravioli

- 2 x 400g canned diced tomatoes
- 1 teaspoon minced garlic
- 1/3 cup frozen diced onion
- 2 cups frozen peas
- 250g frozen spinach
- 375g low fat ricotta cheese



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Method



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2. Add beef ravioli to pot, reduce heat to low, cover and cook for 10-15 minutes, stirring regularly.



 Add extra water if needed.



4. Serve with ricotta cheese.

Tips and Options

• Ricotta is a tasty and cheaper cheese option, but use low fat grated tasty cheese instead if you've got it in the fridge.



For more information contact Access and Capacity-building Team at: accesscapacity@health.qld.gov.au