

Typhoid/Paratyphoid

Please see your doctor **as soon as possible** if you think you could have typhoid or paratyphoid.

Symptoms



Fever



Headache



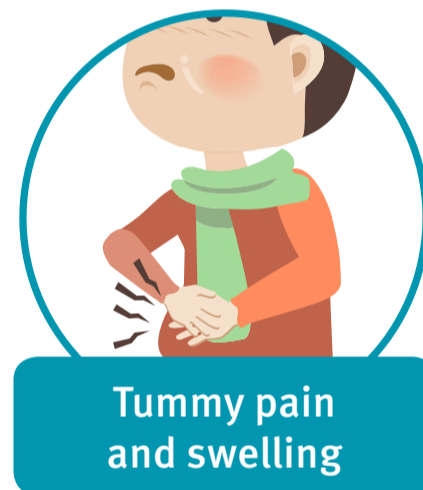
Tiredness



Constipation or diarrhoea



Spots on body



Tummy pain and swelling

Prevention



To protect yourself, always wash your hands

When travelling:

- » Get the typhoid vaccine before you travel
- » Eat hot cooked food
- » Drink bottled water