# **Assistive Listening Devices (ALDs)**

#### What is an ALD?

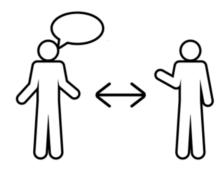
An Assistive Listening Device (ALD) is a tool that can help people with hearing loss hear better. They can be used alone, or with hearing aids or cochlear implants, to improve your hearing.

## In what situations can an ALD help me?

Most people would benefit from an ALD, particularly if you struggle to hear:







A speaker at a distance



The TV or radio

## **Types of ALDs**

#### Personal amplifiers



These are useful to hear one-on-one conversations with someone near or far away. They consist of a microphone which can be clipped on to the speaker or placed on a table. This helps pick up speech in a noisy environment. The speech can be sent to headphones or directly to your hearing aids.

#### Television headsets and streamers



These headsets pick up the signal from your television so that you can hear it directly. This reduces background noise and improves speech clarity.

A streamer is a small device that connects to your television. It allows audio to be sent from the television to your Bluetooth hearing aids, where you can adjust the volume to fit your needs. An audiologist will need to include a specific television program to your aids for this to work.

You will be able to watch the televsion at a comfortable volume for everyone.



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#### Alerting devices

Helps you stay connected to the sounds around you to improve safety. They alert you through loud sounds, vibrations, or visual signals. Some examples include:



- Doorbell alerts
- Vibrating alarm clocks
- Vibrating and flashing carbon monoxide smoke detectors.

#### Hearing loop systems



Also known as an induction loop or T-loop. Hearing loops are wires that are placed around areas such as theaters, airports, or buses. If you are within the hearing loop, you will experience less background noise and improved clarity of the speaker.

The loop wirelessly connects to your hearing device if you have a T-coil in your hearing aid and if your audiologist has set up a specific hearing program for it.

Look for this sign to know if your area has a hearing loop:

#### Smartphones & Apps

Many of the latest smartphones can send phone calls directly to your hearing aid. You may need to ask your audiologist if your phone and hearing aids are compatible.

There are several apps that can help in different ways. Some examples are:



NALscribe by NAL - Apple only: Transcribes live speech to text.



Live Transcribe and notification by Google: Transcribes live speech to text.



Rogervoice by Rogervoice: Transcribes your phone conversations to text in real time.

## How can I get an ALD?

Your audiologist is a great source of information on ALDs. They can provide up-to-date information on the best brands of ALDs for your specific needs. You may also have the chance to trial an ALD before buying.

### **Contact Us:**

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